

**CHSCC/BEATRICE LEWIS SENIOR CENTER**  
**MONTHLY SCHEDULE**  
 Jun-17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Balance Exercise - 11am Basket Weaving - 11:30am Discussion Group - 1:30pm Oats Computer Classes 1:30 - 2:45PM	2 <u>Fan Food - 10am</u> <u>Trivia- 12:45pm</u> Dancercise - 10:30am Latch Hook - 11:30am How to Use Your Devices 10am - 2pm
5 <u>MTA Workshop - 12:45pm</u> Individual Computer Training 10:30am Stretching - 11:00am Arts and Crafts 11:30 Drama Class - 11am-12pm Discussion Group - 2pm	6 Beading-11am Dancercise - 10am Stretching - 1-1:30pm Oats Computer Classes 1:30 - 2:45PM	7 <u>Indoor Gardening - 10:30</u> Chair Exercise 11am Drama Class - 11am-12pm Crocheting - 11am Book Making 11:00am Discussion Group - 2pm	8 <u>Bay Plaza Mall - 10:30am</u> <u>Mini Flea Market - 11am</u> Balance Exercise - 11am Basket Weaving - 11:30am Discussion Group - 1:30pm Oats Computer Classes 1:30 - 2:45PM	9 <u>Cake Sale - 10AM</u> Dancercise - 10:30am Latch Hook - 11:30am How to Use Your Devices 10am - 2pm
12 <u>Drama Class</u> <u>Performance - 12:45am</u> Individual Computer Training 10:30am Stretching - 11am Arts & Crafts - 11:30	13 <u>Advisory Council Meeting</u> <u>11AM</u> Beading-11am Dancercise - 10am Stretching - 1-1:30pm	14 <u>Resorts Casino - 8:30am</u> Chair Exercise 11am Drama Class - 11am-12pm Crocheting - 11am Book Making 11:00am	15 <u>CPR Training - 10AM</u> Balance Exercise - 11am Basket Weaving - 11:30am Discussion Group - 1:30pm Oats Computer Classes 1:30 - 2:45PM	16 <u>Father's Day Mini</u> <u>Concert - 12:45</u> Dancercise - 10:30am Latch Hook - 11:30am How to Use Your Devices 10am - 2pm
19 <u>Help for the Disabled</u> <u>Workshop - 12:45</u> Individual Computer Training 10:30am Stretching - 11am Arts & Crafts - 11:30	20 <u>Walmart Trip - 10AM</u> Beading - 11am Dancercise 10am Stretching 1-1:30pm Oats Computer Classes 1:30 - 2:45PM 2:45PM - 4:00PM	21 <u>Birthday Celebration</u> <u>12:30</u> Chair Exercise-11am Drama Class - 11am-12pm Crocheting - 11am	22 <u>General Membership Mtg. 12:45</u> Balance Exercise - 11am Basket Weaving - 11:30am Discussion Group - 1:30pm Oats Computer Classes 1:30 - 2:45PM	23 Dancercise - 10:30am Latch Hook - 11:30am How to Use Your Devices 10am - 2pm
26 Individual Computer Training 10:30am Stretching - 11:00am Arts and Crafts 11:30 Drama Class - 11am-12pm	27 <u>Sammy's Restaurant</u> <u>10:30AM</u> Beading - 11am Dancercise 10am Stretching 1-1:30pm Oats Computer Classes 1:30 - 2:45PM	28 <u>Book Making</u> <u>Exhibit - 10:30 - 12PM</u> Chair Exercise-11am Drama Class - 11am-12pm Crocheting - 11am	29 Balance Exercise - 11am Basket Weaving - 11:30am Discussion Group - 1:30pm Oats Computer Classes 1:30 - 2:45PM	30 Dancercise - 10:30am Latch Hook - 11:30am How to Use Your Devices 10am - 2pm

**DAILY ACTIVITIES**

Bingo Monday-Friday  
1:30pm - 2:30pm  
Blood Pressure 10am  
  
Free Raffle - Wednesdays  
Computer 9-4:45pm  
Discussion Group 2:30

Pokeno 1:30  
Sewing/Flea Market  
Chess/Checkers  
Cards 10-5pm

**FUNDED BY**  
**NYC DEPARTMENT**  
**FOR THE AGING**

**HOT BREAKFAST**  
**&**  
**LUNCH SERVED**  
**DAILY**

**CHSCC/BEATRICE LEWIS**  
**SENIOR CENTER**

2322 Third Avenue  
NYC 10035  
(212) 289-9155  
OPEN  
MONDAY-FRIDAY  
9:00am - 5:00pm