

MONTHLY MENU - FEBRUARY 2018 (Kennedy & St. Nicholas)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Arroz con Pollo Chicken Breast & Rice	Salmon Cakes Baked Potatoes Broccoli & Red Potatoes
5	6	7	8	9
Stewed Chicken Breast Egg Noodles Steamed Peas & Carrots	Oven Fried Whiting Mixed Green Salad Sweet Potato Fries	Pepper Flank Steak Brown Rice Steamed Broccoli	Pernil (Roasted Pork) Rice & Beans Boiled Southern Greens	Baked Fish & Garlic Sauce Baked Red Potato Wedges California Blend
12	13	14	15	16
Turkey Burger Corn & Cuban Black Beans Garden Salad	Hawaiian Chicken Legs Yellow Rice Steamed Kale	Salisbury Steak & Mushroom Sauce Baked Potatoes Steamed Broccoli	Roast Beef Brown Rice Stewed Tomatoes	Salmon Cakes Mexican Corn Confetti Salad Steamed Carrots
19	20	Birthday Celebration	22	23
CENTER CLOSED PRESIDENT'S DAY	Baked Turkey Wings Brown Rice California Blend	Cornish Hens Rice & Peas Mustard Greens Corn Muffin	Baked Ziti & Meat Sauce Mixed Green Salad Normandy Blend	Oven Fried Whiting Cheesy Home Fries Steamed Red or Green Cabbage
Spaghetti & Meat Sauce Tossed Salad & Dressing	Jerk Chicken Yellow Rice Cabbage & Shredded Carrots	Turkey Meatloaf Mashed Potatoes Parsley & Baby Carrots		
26	27	28		

*** Menu is subject to Change**