

MONTHLY MENU - JANUARY 2018 (Kennedy & St. Nicholas)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
New Year's Day	2	3	4	5
CLOSED	Hawaiian Chicken Legs Yellow Rice Steamed Kale	Beef Salisbury Steak Baked Potatoes Steamed Broccoli	Roast Beef Brown Rice Stewed Tomatoes	Salmon cakes Mexican Corn Steamed Corn Confetti Salad
8	9	10	11	12
Baked Chicken Quarters Baby Carrots/ Parsley Smashed Red Potatoes	Baked Turkey Wings Brown Rice California Blend Vegetables	Kosher Italian Sausage Sautéed" Onions & Peppers String Beans	Baked Ziti/ Meat Sauce Mixed Green Salad Normandy Blend	Oven Fried Fish Cheesy Home Fries Steamed Red/Green Cabbage
15	16	Birthday Celebration	18	19
CENTER CLOSED MARTIN LUTHER KING'S BIRTHDAY	Jerk Chicken Yellow Rice Cabbage w/shredded carrots	Turkey Meatloaf Mashed Potatoes Baby Carrots	Lean Lamb Chops White Rice Spinach Salad	Baked Fish Pasta Salad Cut Green Beans
22	23	24	25	22
Sliced Deli Turkey Lettuce & Tomato salad Vegetable Soup	BBQ Chicken Legs Rice & Beans Steamed Broccoli	Baked Macaroni & Cheese Steamed Cauliflower Steamed Spinach	Chicken Cacciatore Whole wheat Spaghetti Baby Carrots, Green Beans	Oven Fried Fish Cole Slaw Steamed Corn on Cob
Turkey W/Gravy Green Bean & Apple Salad Mashed Sweet Potatoes	Lean Lamb Chops Red Rice Collard Greens	Chili Con Carne White Rice Normandy Blend		
29	30	31		